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## Workshop on stress management

On September 20 at Mylapore, a workshop on stress management will be conducted by ZeNLP coach Murli Menon in association with Mylapore flutist Bhaskaran. Goal setting, visualisation, and manifestation will be covered. Includes breakfast and lunch. To register, contact 9841031680.

At IIT Alumni Club, 61, 3rd Street, East Abhiramapuram, Mylapore, from 8.30 a.m. onwards.

This entry was posted on Friday, September 19th, 2014 and is filed under [Workshops/ Camps](#). You can follow any responses to this entry through the [RSS 2.0 feed](#). You can skip to the end and leave a response. Pinging is currently not allowed.

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